

# H<sup>OLISTIC</sup> *Productivity*

The **Wheel of Life** is a tool used to take a high-level snapshot of life and get a visual indication of what's working and what's not working as well as you'd like. A score of "1" indicates that you are unsatisfied in that area of life, and a "10" indicates that this area is working exceptionally well. Do this exercise regularly as part of your practice of inner reflection.

today's date

